

The Briars Preschool

Sun Protection Policy

The Briars aims to provide a safe environment which children can play and explore their outside world, whilst safeguarding them from the harmful effects of exposure to the sun and ultraviolet radiation. Skin damage, including skin cancer is the result of cumulative exposure to the sun. Sun exposure in the first 10 years of life is a major factor in determining future skin cancer risk.

DUTY OF CARE

All educators have a duty of care towards every child under his or her supervision. Any activity that involves children being outdoors for any period of time should be seen as potentially placing them at risk of sunburn and other skin damage, and subsequent skin cancer.

PROTECTING CHILDREN AND STAFF

The Sun Safe Policy commences Terms 1, 3 and 4, and at other times when the UV radiation level is 3 and above. This policy applies to all service events on and off-site.

- All Educators will wear a wide-brim hat (no baseball/peak style caps) when outside. Children will be encouraged to wear wide-brim, bucket or legionnaire hats. No baseball/peak style caps for children, taking into account their sensory needs.
- Families are responsible for applying sunscreen **before** their child comes to Preschool. Educators will apply Ultra Protect SPF50+ Sunscreen to all children at approximately 12.30pm prior to going outdoors for lunch play. A full list of ingredients of the Sunscreen we use can be supplied on request. If your child has sensitive skin or allergies to any of the ingredients, please supply your own sunscreen clearly marked with your child's name.
- Dressing your child in appropriate protective clothing – loose fitting clothing that covers tops of shoulders, arms and chest. Children and staff are not permitted to wear singlet or shoestring tops or dresses. Children and staff must also wear short sleeve t-shirts/shirts.
- Encourage parents and staff to use a combination of sun protections measures whenever UV index levels are 3 and above. To assist in implementing this policy information can be found at SunSmart – SunSmart policy for Early Childhood
- Educators will encourage children to choose and play under areas of shade, e.g. veranda/trees during hot weather. However in times of extreme heat of 36 degrees and above, children will be encourage to remain indoors pending on the complexity of needs of our cohort of children
- Ensure current and new families are informed of the The Briars Sun Protection policy at enrolment referring to our handbook

- Policy approved: 21st May 2020
- Next review date: 21st May 2021
- Sourced: SunSmart, Cancer Council, Department for Education Inclement weather and sun protection procedure, The Briars Preschool staff and Governing Council

